

	Heads
Height, from top of head to floor	8
From tip of chin to bottom of breastbone	1
From bottom of breastbone to waist line	¼
Under arm from armhole to waist line	1
Arm, or armhole measure	2
Bust, which usually is 2" smaller than hip measurement	4¼
From top of forehead to waist line	2¾
Width of hip, from side to side	2
Thickness of hips	1-1/6
Hip measurement	4½
Waist-line measurement	3
From waist line to fullest part or dart point, or beginning of legs	1
From beginning of legs to bottom of knee	2¼
From bottom of knee to the floor	2
Length of skirt from waist line to the floor	5¼

“Although the correct height of an evenly proportioned woman is eight heads, as is mentioned in the list, artists in making drawings of figures, as well as in rendering pictorial designs of styles, generally choose a height of ten heads. This is done so as to bring out perfection in appearance, for it is true that actual photographs of perfect figures, even if the models are very slender, always appear short and thick.

“This information will help you to follow intelligently the designs in fashion magazines that attempt to overcome, by use of artistic drawings, the squatty appearance a photograph gives the really perfect figure.”

*The Secrets of Distinctive Dress — Harmonious, Becoming, and Beautiful Dress — its value and how to achieve it;*

Mary Brooks Picken; 1918; p. 159. Available on-line.

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